



The Hong Kong College of Orthopaedic Surgeons
12th Rehabilitation Symposium cum
5th Sir Harry Fang Oration

Rehabilitation of Arthritis

Programme

Day 1 - 22 October 2016 (Saturday)

Time	Topics	Speakers
9:00 am – 10:30 am	Session 1 - Pain and Arthritis	Moderator: Dr. Chor-yin LAM
9:00 am – 9:30 am	1.1 Epidemiology of Arthritis and Magnitude of Problem in the World	Dr. Eric Sze-tsun YEUNG
9:30 am – 10:00 am	1.2 Updates on Mechanism of Pain in Arthritis	Dr. Chi-hung YEN
10:00 am – 10:20 am	1.3 Management of Extra-capsular Pain in Arthritis	Dr. Carrie Fung-ping WONG
10:20 am – 10:30 am	1.4 Q & A	
10:30 am – 11:00 am	Tea Break	
11:00 am – 12:05 pm	Session 2 - Opening Ceremony and 5th Sir Harry Fang Oration	Moderator: Dr. Chi-hung YEN
11:00 am – 11:05 am	2.1 Opening Speech	Prof. Peter K.Y. CHIU
11:05 am – 11:20 am	2.2 Presentation of Souvenir to Invited Speakers and Guests	
11:20 am – 12:05 pm	2.3 Sir Harry Fang Oration – Modern Interpretations of Traditional Practices in Rehabilitation	Prof. Ping-chung LEUNG
12:05 pm – 1:20 pm	Lunch Symposium (Sponsored by Eli Lilly Asia, Inc.) Osteoporosis Impact to Bone Surgery - Prevent the Next Fragility Fracture with Anabolic Agent	Dr. Chor-yin LAM



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1:20 pm – 3:00 pm	Session 3 - Inflammatory Arthritis	Moderator: Dr. Ka-ho NG
1:20 pm – 1:40 pm	3.1 Diagnosis of Inflammatory Arthritis	Prof. Chak-sing LAU
1:40 pm – 2:00 pm	3.2 Updates on Medical Treatment of Inflammatory Arthritis	Prof. Chak-sing LAU
2:00 pm – 2:20 pm	3.3 Preservation of Hand Function – Occupational Therapist's Role	Ms. Josephine Man-wah WONG
2:20 pm – 2:50 pm	3.4 Surgical Treatment of Inflammatory Arthritis	Dr. Clara Wing-yee WONG
2:50 pm – 3:00 pm	3.5 Q&A	
3:00 pm – 3:30 pm	Tea Break	
3:30 pm – 5:00 pm	Session 4 - Gout	Moderator: Dr. Wing-yuk MOK
3:30 pm – 3:50 pm	4.1 Clinical Features of Gout	Dr. Sheung-wai LAW
3:50 pm – 4:10 pm	4.2 Imaging Technology for Gout	Dr. Jane Pui-ki TSANG
4:10 pm – 4:30 pm	4.3 Non-operative Treatment of Gouty Tophi	Dr. Marianne Man-yan LAM
4:30 pm – 4:50 pm	4.4 Surgical Treatment of Gout Arthritis in Upper Limbs	Dr. Fu-keung IP
4:50 pm – 5:00 pm	4.5 Q & A	



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Day 2 - 23 October 2016 (Sunday)

Time	Topics	Speakers
9:00 am – 10:30 am	Session 5 – OA Hip	Moderator: Dr. Raymond WONG
9:00 am – 9:15 am	5.1 Hip Arthritis: Evaluation and Treatment	Dr. Hang-cheong CHENG
9:15 am – 9:35 am	5.2 Physiotherapy Management of Hip Osteoarthritis	Mr. Denis Chi-Keung NG
9:35 am – 9:50 am	5.3 Role of Occupational Therapy in the Management of Hip Osteoarthritis	Mr. Jackson Kai-kit WONG
9:50 am – 10:05 am	5.4 Current Trends in Total Hip Replacement	Dr. Hang-cheong CHENG
10:05 am – 10:25 am	5.5 Rehabilitation after Total Hip Replacement	Mr. Chris Hon-yuen CHOW Mr. Jackson Kai-kit WONG
10:25 am – 10:30 am	5.6 Q&A	
10:30 am – 10:45 am	Tea Break	
10:45 am – 12:30 pm	Session 6 – OA Knee	Moderator: Dr. Enoch CHEN
10:45 am – 11:05 am	6.1 Overview of Multi-disciplinary Rehabilitation Programme in OA Knee - From Non-surgical Management of OA Knee to Fast-track Rehabilitation after Total Knee Arthroplasty	Dr. Lewis Ping-keung CHAN
11:05 am – 11:25 am	6.2 Comprehensive Osteoarthritis Management (COME) Programme – Pilot Multi-Disciplinary Non-surgical Management Programme of OA Knee in MMRC	Mr. Desmond YEUNG Ms. Y.L. NG
11:25 am – 11:45 am	6.3 Review and Update in Pharmacological and Orthotic Management in OA Knee	Ms. Eliza LEE Mr. Terrence Wing-cheung KWONG
11:45 am – 12:05 pm	6.4 Painless Total Knee Arthroplasty – Key to Success in Rehabilitation in Fast-track Arthroplasty Programme	Dr. Timmy CHAN
12:05 pm – 12:25 pm	6.5 Roles of Physiotherapy and Occupational Therapists in Rehabilitation in Fast-track Arthroplasty Programme - Experience in QMH	Mr. Chris YIP Mr. Edward CHAN
12:25 pm – 12:30 pm	6.6 Q&A	